SEPTEMBER 22, 2019 • 8:30 A.M. - 12:00 P.M.
NATIONALS PARK IN WASHINGTON, D.C.
FREE PARKING

HOW YOU CAN HELP
1. Make a donation to PFNCA
2. Invite others to make donations to PFNCA
3. Join a team and participate in this inspiring program

See reverse side for details

BENEFITTING
PARKINSON FOUNDATION OF THE NATIONAL CAPITAL AREA

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WALK OFF PARKINSON’S...
raises funds to provide operating support for the Parkinson Foundation of the National Capital Area (PFNCA), a non-profit organization that provides programs and services to improve the quality of life of people facing Parkinson’s. PFNCA is a local independent organization and is not affiliated with any of the many national organizations that focus on Parkinson’s.

Ways to Donate:

• Send a check payable to PFNCA to Parkinson Foundation, 8830 Cameron St. #201, Silver Spring, MD 20910. Be sure to include your team name in the memo line.

• Make a donation online by visiting www.walkoffpd.org.

• Donate securities such as shares of stock. Call the PFNCA office at (301) 844 - 6510 for instructions to do so.

Engage Others:

• Make a list of family, friends and others you think would want to know of your fundraising to help people with Parkinson’s.

• Ask these individuals to support you by making a donation to PFNCA. You can ask them by...
  – email
  – in person
  – letter
  – phone call

If you would like assistance making a donation, seeking donations from others or registering for Walk Off Parkinson’s, please call the PFNCA office at (301) 844-6510 or email walkoffpd@parkinsonfoundation.org